

DREAM!

#1

Have you just started your new job but feel like you are meant to be doing something else?

#2

Do you have a clear vision in your mind about what you want to do in your career but yet you still feel STUCK?

#3

Are you about to graduate from University/College but feel disillusioned and are wondering if you are going in the right direction?

DREAM is a personal challenge to you. A challenge to dig deep into who you are in order to start answering some of the career questions that have been running through your mind.

The aim of **DREAM** is to assist you to design your future – to design a career that brings you deep satisfaction, joy and most importantly sound of mind.

With our program we will help you explore who you are, your values and interests because we believe as you discover yourself, you will discover who you wish to be and what you want to do. We will also explore who you are currently being and how it is impacting your personal progress. Are there things holding you back?

Our role is to support you through this journey by taking you through a series of activities, discussions, as well as assist you develop an action plan for the way forward in your life.

We believe that life is an open canvas and it is up to you to paint the picture you desire to see in your life



YOUNG EMPLOYEES

First 1-3 years of employment

COLLEGE/ UNIVERSITY STUDENTS

(1st to 4th year students)

HIGH SCHOOL STUDENTS

(Form 3 and 4 / Year 9 - 12)

DREAM SESSIONS:

This program is offered for groups of a minimum of 6 people in the following formats:

- One (1) half day session
- Four (4) two hour sessions

Online and one on one session can be organized

During the sessions you will experience some of the following:

Dare to Dream: you will visualize your dream and we will delve into some questions about your dream

Revelations: what revelations have you had?

Engage: you will engage with YOU or YOUR inner self, through a self audit

Attitude: What is your attitude towards your dream? What is holding you back? Make a decision to move forward

Make a decision to move forward

In order for a vision to move forward, you need clarity. Through **DREAM we aim to help you get clarity.**

WHO WE ARE

Open Kanvases Africa Ltd (OKAL) is a company that offers training solutions for the youth through to middle level management. Through our highly interactive sessions, we provide holistic training solutions to inspire changes in your mindset and grow your capacity. The focus of all our training sessions is to MENTOR.

FOR ENQUIRES AND TO BOOK

a group or one on one session please contact us on:

info@openkanvasesafrica.co.ke
0722 341 006 / 0783 341 006

